

# Talking with Your Healthcare Provider



Mid Coast  
Senior Health Center

*Ounce of  
Prevention  
Series*

Monday, March 14, 11 a.m.–NOON

LEARN to partner  
with your provider to

**Get the Most from Your  
Healthcare Relationship**

*Join*

**Marla Davis, MSN, RN**

*Nurse Director of Mid Coast Hospital's  
Community Health Improvement*

**Monday, March 14, 11 a.m.–NOON**

Community Room

Mid Coast Senior Health Center  
58 Baribeau Drive, Brunswick

FOR MORE INFORMATION,  
call **373-3646**.



**MID COAST  
SENIOR HEALTH CENTER**

*An Affiliate of MID COAST HEALTH SERVICES*



[midcoastseniorhealthcenter.com/ounce-of-prevention](http://midcoastseniorhealthcenter.com/ounce-of-prevention)

*A Continuing Educational Series Dedicated To Your Good Health.*